

100  
LESSONS



from

SURAH

AL-FATIHAH

الفاتحة

REFLECTION JOURNAL

SUHAYB NUMBER

# بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

I wrote this book to share my love of Surah Al-Fatihah with others. It is a Surah we read often, but greatly underappreciate. I believe that the more you reflect on this blessed Surah, the more meanings you will find that will help you in your personal life, family life, and it will help you on your journey of calling others to Allah and sharing with them the beauty of Islam. The pages have space for you to add your own thoughts and reflections.

I extend my gratitude to the many who helped reviewing, editing, and designing this book. I ask Allah to allow them to share in the reward. I hope that Allah accepts this work and allows it to be beneficial for those who read it and reflect on it.

If you have questions or suggestions you can email me at: [ssuhayb.quran@gmail.com](mailto:ssuhayb.quran@gmail.com)

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allah, the All-Merciful the Bestower of mercy



## The first letter-a symbol of ease:

Why did Allah start the Quran with the letter “Baa”? It is one of the easiest letters to pronounce, and it is a letter that indicates the start of something. From the first letter, we can feel a sense of ease, and that this is the start of a journey to change for the better, to know our purpose in this life, and to live according to what our Creator loves.

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## Start every good action with the name of Allah:

We are taught this from the life of the Prophet Peace Be Upon Him. From reading the Quran, to eating food, or putting on our shoes.

[Sahih Muslim 2022a]

What are some actions that you do on a daily basis?

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## The Key to Barakah:

Actions that start with the name of Allah are blessed and fruitful. Actions that do not start with the name of Allah have no blessings and reap no fruits.

[Sunan Ibn Majah 1894]

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## How to increase in Taqwa:

Remembering the name of Allah in day to day actions helps a person increase in Taqwa (god consciousness) and gives a person life.

[Sahih al-Bukhari 6407]

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## **Pleasing Allah should be your top priority:**

From the first word Allah provides us with a formula to live our lives by. It is as if he is saying “starting the Quran with the name of Allah is a lesson for you to place Allah at the top of your priorities in every aspect of your life. If you do so, it will be the key to your success, and if you do not, it will lead you to a miserable life.”

[Quran 20:123-124]

What are your priorities in life?

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## A powerful tool against your enemy:

The cursed Shaytaan’s mission is to distract us from the remembrance of Allah. Hence, we seek refuge from him before reading. We learn about our staunch enemy and how to fight him with the word “Bismillah”.

[Quran 5:91 , 16:98 , Sunan Abi Dawud 4982]

How does this relate to the last three surahs of the Quran?

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## Setting your sight to please only Allah:

We say “In the name of Allah”, not in the name of anything else, not another god, nor a desire that we might have. This word is a powerful reminder of where our sights should be set. Saying this is a promise that you will do the following action solely for the pleasure of Allah.

What are things that get in the way of pleasing Allah?

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## Transform your relationship with the Quran:

The action that we are starting here to be precise is the recitation of the Quran. When you read the Quran with the intention to please Allah, to get closer to Him, to seek knowledge & guidance, and relay it to others, then your journey would be blessed. Allah will open up your eyes to deep meanings and practical life lessons that you can use to improve yourself. If you do so, you will be of those who believe and their hearts find tranquility with the remembrance of Allah.

[Sahih al-Bukhari 5027 , Quran 13:28]

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## The name that gives strength:

The name of Allah brings a believer strength, as Allah is the source of all strength and might. Draw your strength from Him, and you will not feel weak in the face of any challenge. Ask Allah for the strength to read His message with an open heart, and to give you the energy to be consistent on this path until you meet Him.

[Quran 10:65 , 65:3]

What are you worried about? What are you scared of?

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## The name that softens the hearts:

The name Allah is light on the tongue. Just mentioning Allah's name brings about softness in the heart, peace of mind, and tranquility.

[Sahih al-Bukhari 7563 , Quran 13:28]

How is your heart? Does it respond to these feelings?

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